

WORK SHEET FOR CLASS 4 SCIENCE

Question 1.

Name the following:-

- a. Another name for vitamins and minerals. _____
- b. Mineral needed for the formation of teeth and bones _____.
- c. Body building food is known as _____.
- d. Substances that is required for our body to get energy _____.
- e. Name of a vitamin _____.

Question 2.

Answer the following questions: -

- a. What do you mean by roughage?

Ans:-

- b. Define balanced diet.

Ans:-
